



# PAIN CONTROL DISCHARGE INSTRUCTIONS

Tylenol = Acetaminophen = Q-pap  
Motrin = Ibuprofen = Advil  
Lortab = Norco = Hydrocodone/Acetaminophen

## ALTERNATING TYLENOL AND MOTRIN

Medication:	For Example:	Time:	Time:
Motrin	9:00 am		
Tylenol	12:00 pm		
Motrin	3:00 pm		
Tylenol	6:00 pm		
Motrin	9:00 pm		
Tylenol	12:00 am		

\*If you have been given Lortab and you or your child’s pain is not controlled by Tylenol and Motrin, you can use Lortab as a substitute for Tylenol, but NOT in addition to Tylenol\*

## ALTERNATING LORTAB AND MOTRIN - to be given as needed for pain

Medication:	For Example:	Time:	Time:
Motrin	9:00 am		
Lortab	12:00 pm		
Motrin	3:00 pm		
Lortab	6:00 pm		
Motrin	9:00 pm		
Lortab	12:00 am		

\*While taking Lortab, you need to closely observe your child/adult for

## RESPIRATORY DEPRESSION

- Difficulty to arouse or stimulate
- Shallow breathing or changes in normal breathing
- Confusion or altered mental status

**NOTIFY YOUR PHYSICIAN IMMEDIATELY IF ANY OF THESE OCCUR**

- I have been informed of my prescription medications

\_\_\_\_\_  
Patient/Responsible Party

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Nurse Signature